

Secondary Campus Tuck Shop Menu





The Secondary Campus Tuckshop operates every day for Morning Tea and Lunch.

The College now has an online system to make the ordering of school lunches easier and more convenient.

Order at a time convenient to you

In the morning, night before, or weeks in advance!

No searching for cash required

It's already paid online!

Teach students healthy eating in a fun way

Order from home or work

How to order online:

1. Go to www.flexischools.com.au
2. Click "Register Now" to create account
3. Top-up your balance
4. Start ordering immediately



To view a demonstration go to the www.flexischools.com.au website and in the "Find our School" box, enter a few letters from our school name and click the name when it appears below.

How to order with the Tuck Shop direct:

1. Please specify if items are for Morning Tea or Lunch
2. Please specify if separate bags required for food and drink (extra bags 5c each)
3. Please write clearly on each back the child/ren's name, class and teacher
4. Please price items ordered
5. Please do not use staples to close the bag
6. Where possible please supply correct money
7. Orders to be placed in the Tuck Shop prior to commencement of class





Morning Tea and Lunch Items

Snacks	
Item	Price
Cheese and Crackers (lite)	\$2.50
Chocolate Chip Cookie (lite)	\$2.00
Choc Chip Muffin (large)	\$3.00
Iced Finger Buns	\$1.20
Fresh Fruit Salad (seasonal - large)	\$5.00

Sandwiches/Salad Plates	
Item	Price
Chicken or Ham and Salad (lettuce, tomato, cucumber, carrot and cheese)	\$5.50
Ham and Cheese	\$3.50
Cheese and Tomato	\$3.50
Chicken, Lettuce and Mayo	\$4.50
Chicken, Cheese and Mayo	\$4.50
Tuna, Lettuce and Mayo Salad	\$4.50
Chicken Caesar Salad in a bowl	\$5.50
Toasting of sandwiches	Free

Rolls / Wraps	
Item	Price
Hot Chicken Roll BBQ Sauce	\$5.00
Chicken and Salad Wrap with Cheese	\$5.50
Ham and Salad Wrap with Cheese	\$5.50
Salad and Cheese Roll	\$4.50
Chicken Chilli Wrap	\$5.50
Multi Grain Wraps available	

Spreads	
Vegemite	\$2.00

Hot Food	
Item	Price
Garlic Bread	\$1.50
Pizza Rounda	\$2.80
Cheese and Bacon Pizza	\$2.50
Cheese and Spinach Supa Roll (190g)	\$3.50

Pies	
Item	Price
Meat Pie Grand Angus (190g)	\$4.00
Sausage Roll Small (lite)	\$2.50
Traveller Beef Pie	\$3.50
Potato Top Pie (180g)	\$3.80

Sushi Wednesdays	
Assorted Sushi Available in: chicken teriyaki, chicken avocado and tuna avocado	From \$2.50

Pasta/Burger	
Item	Price
Macaroni Cheese (school's out)	\$4.00
Lasagne (school's out)	\$4.00
Noodles Flavours available: Chicken or Beef	\$2.50
Fried Rice	\$4.00
Ham Burger with Cheese and BBQ Sauce	\$5.00
Chicken Burger with Lettuce and Mayo	\$5.00
Chicken Chilli Burger	\$5.00
Tomato and BBQ Sauce Squeeze's	\$0.30





Drinks – Juice/Soft Drinks	
Item	Price
Juice Popper (250ml) Flavours available: orange or tropical	\$1.80
Juice (350ml) Flavours available: orange, apple or orange, mango and banana	\$2.50
Juice (600ml)	\$3.50
Ice Tea Flavours available: green, peach, raspberry, lemon	\$3.50
NU Water Pop Top (600ml)	\$1.50
Play Water (500ml) Flavours available: watermelon, dragonfruit or blackcurrant	\$2.50
Glee Sparkling Fruit Juice Flavours available: tropical, raspberry or blackcurrant	\$2.10

Drinks - Milk	
Item	Price
Flavoured Milk (300ml) Flavours available: chocolate, coffee or strawberry	\$2.10
Flavoured Milk (500ml) Flavours available: chocolate, coffee or strawberry	\$3.10
Flavoured Milk (600ml) Flavours available: chocolate mint, caramel and cookies cream	\$3.50

Ice Creams and Snacks Available

Tuckshop Volunteers

We invite any expressions of interest to volunteer at the Tuckshop and appreciate the support and endeavours of the College community.

Please contact Vanessa Jordanovich at the Tuckshop for more details on Tel: 0423 476 565 or Email:

VJordanovich@tsac.qld.edu.au

